

FORM 6

CERTIFICATE OF COMPLIANCE

TO: CANADIAN SECURITIES EXCHANGE ("CSE")

ALTERNATE HEALTH CORP. (the "Listed Issuer") hereby certifies to CSE
[Name of Listed Issuer]

that the Issuer is in compliance with the requirements of applicable securities legislation
(as such term is defined in National Instrument 14-101) and all Exchange Requirements
(as defined in Policy 1).

Date: January 13, 2017

Signed: 
(Signature)

Marcelin O'Neill
(Print Name)

Director and Corporate Secretary
(Print Office)